



THE WRIGHT COMPETITION

DIVE INTO

Season 5

NOVICE | PREP | ELITE

— ALL STAR & STOMP N SHAKE —



1832 FENWICK ST NE WASHINGTON, DC 20002

Welcome to The Wright Competition (TWC). We are incredibly excited to be starting a brand new season and we are honored that you are looking into our program. At TWC, we operate in an atmosphere of athletic integrity, character building, and teamwork. We are focused on the foundational training of athletes, while encouraging proper progressions, proper advancement of skills, and continued education of athletes and staff. At TWC, we are dedicated to providing a program where athletes become teammates, teammates become friends, and friends become family.

Diving into Season 5, TWC provides our athletes with a safe space that inspires and empowers them to overcome the realities of everyday life. At TWC, we believe the lessons learned in training can prepare athletes for greatness. Those two minutes and thirty seconds on the mat can teach a child that they are capable of overcoming anything. That the failures and successes in practices can create a resolve and work ethic that will last a lifetime. At TWC it's not just about the trophies, it's about bringing out the very best in every athlete. When you bring out the best in every athlete, the trophies will follow.

The Wright Competition is an All-Star cheer program that proudly represents Traditional cheer as well as Stomp & Shake style competitive teams! We are the **ONLY** program of our kind in the Washington metropolitan area. TWC is here to build healthy, happy, and confident athletes. Throughout your athlete's tenure with our program, we plan to instill life lessons and amazing characteristics such as sportsmanship, teamwork, time management, goal setting, and a passion for striving to be your best no matter the obstacles. We seek to not only build amazing athletes (**starting at the age of 3!**) but to also mold them into becoming strong and resilient individuals all while having fun.

TWC pushes athletes to become the best version of themselves. Athletes will learn competitive cheerleading the "Wright Way", while also given lifelong skills that will help them throughout their lives. Our athletes will only encounter positive and productive surroundings in our family oriented facility. A pat on the back, a high five, and positive reinforcement can go a long way.

Evaluation Process

The evaluation process is a series of low stress workouts where your athlete will be able showcase their skills. While we do our best to place every athlete on an Elite Team, please understand that not all athletes are ready for the Elite Level. Along with tumbling, jumps, dance and stunt skills, athletes are evaluated on attitude and coachability. We also consider an athlete's age when selecting teams and divisions.

of skills so the athlete can safely and successfully perform those skills in a 1:30/2:00/2:30 routine. Athlete placement will remain fluid throughout the summer meaning an athlete could be moved up or down a level depending on performance, attitude, and attendance. Team levels will be announced during team placements in August, but will remain fluid leading into choreography. Athletes are always placed in an effort to benefit their personal and athletic growth while making sure they are safe and successful.

Team/ Athletes Level

Athlete Evaluations

Athlete Evaluations is a time for your athlete to showcase their talents. Our coaching staff will evaluate each athletes' running tumbling and standing tumbling skills. Athletes will also be evaluated on their jumps, a dance created by our coaching staff, and if possible, stunts. We will use the skills athletes demonstrate at this evaluation to make team placements.

A team's level does not always align with an athlete's level. When determining an athlete's placement and a team's level, we must take several things into account; the scoring rubric, the age grid, and the ability level of every athlete that tries out. From here, we work to place athletes on teams where they have the best chance at success and growth. Some athletes may have a higher or lower level of skills than the team they are placed with depending on need and that is NORMAL.

Team Placements

At the end of Athlete Evaluations, athletes will be placed on summer teams. These decisions are made based on a variety of criteria such as tumbling, jumps, stunting ability, coachability, age, maturity, athlete potential, and team needs. Just because an athlete can perform certain tumbling skills, does not mean they will make a certain level team. We are looking for a mastery

ALL-STAR

ALL STAR NOVICE

All star Novice is for individuals who are new to All Star but ready for performance-based teams that are evaluated at events. Novice teams focus on strengthening technique and performance skills that help prepare athletes for competitive All Star teams.

ALL STAR PREP

All Star Prep is an entry level product that is offered as an introduction to traditional all star cheer and is intended to help grow the industry as a whole. The typical all star prep program will provide an opportunity for the incoming athlete to be introduced to and experience all star with limited commitment and exposure.

ALL STAR ELITE

All Star Elite was designed to push athletes to their highest level. Many programs will require at least a year of experience on a prep team before they will allow you to switch to elite. Programs will also usually put athletes through a more intense tryout process to ensure the best of the best make it to their elite teams.

STOMP & SHAKE

The history of "Stomp & Shake" dates back to the early 1940's and was created by 2 neighboring states: Virginia & North Carolina. Popularized by HBCU's, Stomp & Shake cheerleading incorporates rhythmic words, use of beats made by stomping, clapping, a variety of head motions, hip hop & jazz dance, stunts, tumbling, big, sharp, and precise arm motions, constant movement changes in formation, tone, and facial expressions. When put together right, all of these elements showcase a team's ability, skill, & technique which allows the crowd to understand and witness what teams are capable of and how their particular style is done. Crowds across the nation in particular, the southeast

region, love to see teams perform the Stomp & Shake style. It brings a different and exciting energy that most aren't used to seeing. This style is known to be performed by amateur leagues, middle schools, high schools, and collegiate teams. In the past decade, Stomp & Shake cheerleading has gained traction outside of schools and the emergence of All-Star Stomp & Shake cheerleading teams have been on the rise.

We at TWC are PROUD to offer the one and ONLY competitive All-Star Stomp & Shake cheerleading program in the Washington, DC area! In Season 5, our program boasts teams of the Junior (11-14) & Senior (14-18) levels.

TEAM PLACEMENTS

After the final session of tryouts, staff will assemble team rosters for the upcoming season. There are many technicalities that are considered with placing athletes and forming teams. Tumbling skills, age, stunts, jumps, experience, etc. will generally get equal consideration for athletes' final team placements. After rosters are set, athletes (or parents) are contacted to inform them of team placement. We offer different try out sessions. If the sessions don't work for you, there is also an option to register for a private tryout. **Email us at wrightcompetition@gmail.com**

PRACTICES / ATTENDANCE

Practice and attendance are crucial to a team's success. Teams will typically practice two days a week. Please note that September through May, extra practices may be added to a team's regular schedule. Practice times should be consistent once set and will only be changed under special circumstances. Extra practices may be scheduled during important times of the season. These practices are typically scheduled in advance, and all athletes are expected to attend.

FIRST PRACTICES

Sunday, June 1st week

Parent Meeting

We will cover the gym policies, financial obligations, and other important program information. **At least one parent per family, both new and returning, must attend a parent meeting prior to their athlete's participation in the program.**

Season 4 Evaluations

STOMP N SHAKE

Friday, May 9th

Ages 11-18 | 6:00pm - 8:00pm

ALL-STAR

Saturday, May 10th

Ages 3-7 | 12:00pm - 1:00pm

Ages 8-12 | 1:30pm - 3:30pm

Ages 13-18 | 4:00pm - 6:00pm

Season 5 Makeup Evaluation Day

Please email

wrightcompetition@gmail.com to schedule a private evaluation.

Attire:

- Black Shorts
- Black, Green, Gray or White Top
- Athletic Soft Sole Sneakers
- **NO Jewelry**

REGISTER ONLINE

Competitive cheer, while not as costly as some youth activities, can still be expensive. Before considering TWC or any program, please consider the financial commitment involved. TWC has the finest staff and is moving into our own gym this season in the District of Columbia. As a result, our fees are still much lower than many programs. However, factoring competition entry fees, summer activities, and other expenses that are typically charged separately at many other gyms, you may end up spending more at some other programs. Although others may advertise lower rates, TWC's overall value per dollar is highly competitive.

We have a comprehensive monthly price that covers most of the expenses throughout the year. During the 2025-26 season, there will be 11 monthly charges beginning June 2025 through April 2026. The first month's tuition will be charged on or around Monday, June 1st. For the remaining months, tuition is payable on the 1st of each month. We host fundraisers throughout the season to help families offset the tuition payments. However, It is the responsibility of the cheerleader and parents to fundraise and or pay all fees on time, or late fees will be incurred. This monthly fee covers tuition and most other expenses and does not fluctuate from month to month. Tuition does NOT change based on the number or length of practices in any particular month. There may be some months with significantly different total practice times (higher

or lower) than typical. This will NOT affect the monthly tuition rate.

TRYOUT FEES

Early Registration (Starts Feb 25th)

\$75 per athlete

On Time Registration (Starts April 1st)

\$85 per athlete

Late Registration (Starts May 8th)

\$100 per athlete

TUITION

All-Star Teams

- Exhibition Teams
 - \$185 monthly
- Novice
 - \$200 monthly
- Prep
 - \$230 monthly
- Elite
 - \$250 monthly

Stomp N Shake

- Full Season
 - \$170 monthly

OTHER COSTS (estimates)

USASF Membership Fee \$49 (due to USASF)

If an extra competition is added and exceeds the budgeted amount included in the monthly tuition rate, an extra fee may be incurred. (likely under \$300)

Teams earning bids to end-of-season competitions (The One, All Star Worlds, Regional Summit, The Summit, Worlds, etc.) will potentially incur an additional registration fee

crossover fee (if applicable), shoes, makeup, travel and lodging expenses**

**Certain competition companies have implemented a “stay-to-play” policy, which requires all athletes and coaches to reserve rooms through a travel agency of the company’s choice. When required to do so, we will make best efforts to reserve blocks at moderately-priced hotels.

Lastly, team send-off parties are thrown for the athletes before certain competitions throughout the season to congratulate them on their hard work. Those parties also come with gifts which are typically sponsored by the parents.

Competitions

Competitions are the main part of an all star cheerleading season. Competitions are **mandatory**, if missing due to sickness you will need to provide a doctor's note. When one cheerleader misses a competition, for any reason, the routine has to be changed which hurts the **entire team**. No refunds will be given if you miss a competition for any reason, including sickness. Please consider this when making the commitment to TWC. Competition dates will be given out during summer bootcamp . The week

of competition we will provide compete times. Most companies do not provide that schedule until the week of. Therefore, we are not able to pass on the information until then.

Choreography

Teams' days and times will be sent as soon as they are finalized. Choreography is generally a two-day process that can last approximately 8-10 hours. Breaks will be provided assuming the athletes move through the content quickly enough. Choreographers tend to move quickly and can be intense, so make sure your athlete is well-rested and ready to work! Some of our younger, lower-level teams will receive in-house choreography. Inhouse choreography, done by members of our staff, is used for teams that are better served by a choreography process that does not demand mastery of a routine in just a handful of hours over two days. In-house choreography takes place over a greater number of days for fewer hours at once so that athletes have increased time to work on a smaller amount of material to aid memory and mastery.

Fundraising

We know that cheerleading can be an expensive sport! In an effort to help offset costs and make the program more accessible to a greater number of people, we offer fundraising opportunities throughout the year (additional fundraisers may be added). Proceeds from your fundraising efforts go directly to your personal account and may be used for the program cost of your choice.

- Double Good Popcorn – 50% profit
- Scratch Off – 100% profit

etc.